



**BLACK MEN & WOMEN**

# Warriors & Healers

Leadership and Personal Development  
Series for Black Men & Women

## Healing Oppression's Wounds Retreat

Presented by:

**AYA EDUCATIONAL  
INSTITUTE**



**Afiya  
Madzimoyo**  
Co-Dir. AYA

**Date:**

\_\_\_\_ (7 pm-10 pm) \_\_\_\_ (10 am-9 pm) \_\_\_\_ (10 am-6 pm) \_\_\_\_ (10 am-2 pm)

**City:**



**Wekesa  
Madzimoyo,**  
Lead Facilitator  
Co-Dir. AYA

This 4-day intensive is for Black (African) people who are building or wanting to build with and for our people. Regardless of profession or training, we re-commit ourselves to **our healing and strengthening**. Do you know how to **confront as a healer**? Do you know how to use our cultural strengths to counter conflicts and sickness born of oppression in us and among us. Come, **become renewed & more skilled** at challenging oppression and healing its internalized manifestation among our people. Celebrate



Small Group  
Intensive  
Skill-Building

**Local Hosts :**

**Nat. office: 404.292.9002**

For more information or  
to register and pay tuition visit:

**[www.ayaed.com/whdc](http://www.ayaed.com/whdc)**

Features:

- ✓ *Challenging Oppression (modern and old-fashioned)*
- ✓ *Feelings As Messengers: A tool for handling conflict and building relationships, family and community*
- ✓ *Sisters only / Brothers only & Mixed groupings*
- ✓ *Conquering Yurugu Infection (Internalized Oppression)*
- ✓ *WSLKA, Strokes, Seven Steps to Recovery & more!*
- ✓ *Ongoing follow-up leadership training (online & face-to-face)*

**Tuition: \$399 for adults; 1/2 off (\$199.50)**

*for a spouse or friend attending with an adult paying full price; \$199  
for college students. \$99 deposit due ASAP to hold your space.*

**Limited financial assistance available. Call Nat. office: 404.292.9002**

**www.ayaed.com  
404.292.9002**